



伊利沙伯舊生會 (安省分會) QESOSA (Ontario)

Newsletter - 通訊

July 2003

Board of Directors 2003

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Lee Shiu-Ki (58)

Membership Officers

Marca Suen (70)

Jerry Liu (68)

Liaison Officers

Law Sin-Hung (67)

Nancy Tang (65)

Email

qesosaont@yahoo.ca

Web site

<http://pages.zdnet.com/qesosaont/>

How to join?

Ordinary Membership is FREE! Simply send or email your name, year of graduation (Form 5), address, phone numbers and email address (if available) to us and we will include you in our mailing list. You may also choose to become a Patron Member of the Association by sending a one-time contribution of Can\$50 to us. The money is used to cover our administration costs like printing and mailing etc. Looking forward to including YOU in our contact list!

This Summer's QESOSA Event - 88 Reasons You Should Go

Hear the latest on alternative medicine.

Enjoy the all-you-can-eat delicious buffet lunch.

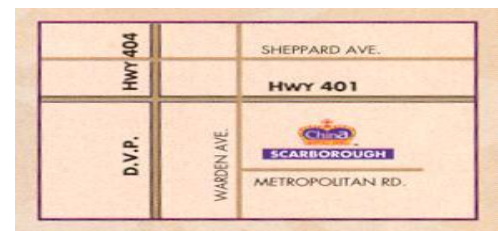
Catch up with your QES friends.

Check out the pictures we took at the last AGM.....

The recent and ongoing SARS epidemic has surely affected each and every one of us. What can we do to strengthen our immune system? How can we achieve energetic and holistic health? We are pleased to have Mr. William Yau, a professional pharmacist and an expert in alternative medicine, as our guest speaker at the buffet.

Mr. Yau graduated from the Department of Pharmacy at the University of Toronto in 1979, and presently owns a pharmacy store in Scarborough. While he practised as a pharmacist, he discovered that there were limitations in the practice of western medicine. He further spent a year to study homeopathy, and many more to study alternative medicine/therapy. He will speak on a variety of topics, including nutrition, anti-oxidants, herbal medicine, disease prevention, alternative pain killers, etc. Come and hear Mr. Yau speak. Bring your family and friends, embrace QES spirits, and most of all, have fun and be informed.

Place: China Buffet King, Quality Inn, 22 Metropolitan Road, Scarborough.
Tel: 416-321-6868



Date/Time: Saturday, August 9, 2003.
11:30 a.m. to 3:00 p.m.

Program: Alternative Therapy - A Path to Health
Guest Speaker: Mr. William Yau

Cost: \$15, which includes buffet lunch, pops,
tea/coffee, taxes, and gratuity.
\$7 for children under 9
\$2 for children under 3

Registration details on page 3.

Inside Features

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A Message from the President

Dear fellow Alumni,

I don't know how it could have happened. Before I could finish saying "Who? Me?", I was elected president of QESOSA. Of course it is a great honour. But why should it be me? Sure enough I was there in 1989 with James & Nancy Tang, and the Classes of the 60s gang, organizing the first Arthur Hinton dinner, and then onto founding the association. Yet over the years, I seemed to have only managed to show up for some AGMs when the food was good, and cheap, and some outings when the weather was fine and my former classmates were there for a follow-up mah jong game. The purpose of the organization was getting a bit fuzzy in my mind. What is it that keeps QESOSA (Ontario) going these past fourteen years?

Now that I am in it up to my neck, I need answers. In my research I found out that the dedication and commitment of our Board directors was truly amazing. It is very common lately to have three past presidents serving on the Board, especially Nancy Tang and Ann Ma. The same is true for newsletter editors and other supporting positions. The volunteering and team spirit, the experience and the expertise of the executives can only be described as outstanding. SARS had curtailed our schedule for a summer event, almost to the point of cancellation. Still, the Board unanimously decided to scramble to put up a simple and yet popular get-together in early August. Why me? It really doesn't matter who the president is. Teams like this run the show forever.

In my catch up readings of past newsletters, I came across so many of Lee Shiu-Ki's well written, nostalgic Chinese articles. I echoed his sentiment of the need for "less senior" alumni to get involved and participate. George Wong's "Romancing Grey and Brown" in the May 2002 issue really hit a chord of resonance. I checked my closet immediately and found two brown jackets and three pairs of grey pants. This sub-conscious mind business of "back to the roots" is really powerful stuff!

Having seen the reports of class reunion trips to exotic places for so long, I finally jumped at the chance to

join the Three Gorges Tour last year. (It wasn't even my class!) Believe me - my wife and I had the once in a lifetime trip that will be hard to duplicate again.

My message to you this time does not have one single item of news and reports. I am sure the rest of the newsletter will take care of that. Above all, just visit our website. Wow, was I impressed. Jerry Liu has done such a professional job. Everything is there: historic items, events past and current, pictures and more pictures, school song sound track and lyrics, reports, and so on. I have made it my mission to keep it running indefinitely and damned the costs. Jerry is also working with other QES Chapters on a world wide QES Alumni Directory. Are you telling me that I may be able to get in touch with every single graduate of my school from day one? Awesome!

Finally, how do you beat the hospitality of Lee Shiu-Ki and his better half? I understand that the Association has been meeting at their place since the last century. The snack and desert offerings have prompted many members to skip dinner before going.

Well, I have found my answers. I hope they are your answers too. If not, I urge you next waves of soon-to-reach-your-prime and fresh-out-of-Sai-Yee-Street alumni to come out and join the club, find your own answers and make it your association. See you all in August.

Henry Lee Chung-Wah (61)



Your Form Representatives

56	James Chan	(905) 273-7166
57	Pun Yip-Kai	(416) 699-0658
58-60	Au Chi-Sing	(416) 496-9585
61	Selwyn Chow	(416) 279-0272
62	Thomas Liu	(905) 579-9054
63	Cheung Kwok-Hing	(905) 887-0640
64	Leung Yat-To	(416) 293-3781
65	Theresa Lai	(416) 229-0238
66-67	Amy Ng	(905) 707-0271
68	Tang Fu-Wah	(416) 321-0326
69	Tang Lui	(905) 475-2825
70	Tam Ka-Chuen	(905) 727-6244
78	Roger Kwan	(416) 250-1385
90s	Milton Chan	(416) 964-8556

QES Golden Jubilee Celebrations in 2004

Founded in 1954 as the first government co-educational Anglo-Chinese secondary school in Hong Kong, QES will celebrate its 50th birthday next year. Initial planning of the Golden Jubilee Celebrations of QES has started. The following is the latest news (June 2003) from QESOSA Hong Kong.

*The first meeting of the steering committee will be held in mid October, 2003. The climax of the celebrations will be a large dinner gathering. It has been finally confirmed that this gathering will be on **November 28, 2004 (Sunday)**, at the Convention Centre. Please make a note of this important date. Fellow old students who now reside overseas please try to schedule a vacation trip back to Hong Kong at that time. Other celebration activities are "Home-coming Day", "QES School Camp Visit" and a lot of School-based activities organized for old students and friends of QES. We hope that as many of us as possible can participate, not only by attending functions, but also helping to organize some of them. Therefore, any of you interested in contributing to the organizing of activities for this celebration please visit our FA Network website <http://www.fa.qesososa.edu.hk> to complete a form to express your interests.*



QES Overseas OSA Directory Project

Jerry Liu (68)

The Boards of Directors of several overseas OSAs, namely, QESOSA BC, QESOSA Ontario, QESAAUSA and QESOSA Australia, have agreed to share the contact information of their membership. The objective is to facilitate more efficient communication among QES old students from different parts of the world.

Each OSA is to send a master directory of its members to all other OSAs. This master record will be kept by the Board of Directors of the respective OSAs but not distributed. A simplified version of the master directory with only name, phone, city and email addresses will be consolidated and distributed (at the discretion of individual association) so that members from various parts of the world can easily locate and make contact with their fellow schoolmates.

A lot of work has already been put into the project. We anticipate the project will be completed by the summer this year.

Registration for the Lunch Event on August 9, 2003, at Buffet King

Registration and inquiry can be placed with:

Mak Kai-Sum cdnksmak@netscape.net
Jerry Liu 416-496-0271

Ann Ma 905-509-0246
George Wong 416-223-6867

Please confirm your attendance no later than July 30, 2003. Kindly mail cheque to QESOSA (Ontario), c/o Mak Kai-Sum, 21 Francine Drive, Willowdale, Ontario M2H 2G5. Please make cheque payable to QESOSA (Ontario). Thank you.



Name: (Chinese) Year (Form 5)

Telephone: (Home) (Work)

Number of Adults (\$15 each) Children under 9 (\$7 each) Children under 3 (\$2 each)

Total amount remitted for party: \$

A Brave Young Doctor in Hong Kong

Daniel Chow (70)

I would like to share with you the following article that paid tribute to the first doctor who died in Hong Kong on duty saving SARS patients. She was brave. Please visit www.joannatse.com for additional details about her.

正當非典型橫行全城之際，屯門醫院接收首批患者，謝婉雯醫生抱著她一貫的熱誠，主動請纓往深切治療部救治危殆的病人，與另一殉職男護士先後感染病毒。她在半小時內，親自為四名病人插喉，英勇無畏，心中只想著救活別人。

各位懷念謝醫生
就會痛心
痛心就會落淚
落淚亦是下雨
下雨過後
定會畫出彩虹
彩虹過後會到明天
全因主耶穌的愛



~安息禮拜婉雯爸爸悼詞

August 9th Lunch Event at Buffet King

Registration Form (over)



Do you know how much your double can hurt you?

What you should know about Identity Theft

Nancy Tang (65)

“Sorry, Sir, we cannot accept your card as there is already several thousand dollars outstanding in this account.”

Imagine your shock upon hearing this, when you know you are always up-to-date with your credit card payments. This incident actually happened to one very unfortunate victim of credit/debit card fraud and ID cloning. Welcome everyone, to the newest era of common frauds and scams: Identity Theft, Investment Fraud and Internet Fraud. Of these three, Identity Theft is the most destructive. Statistics show that there were 5,737 confirmed fraudulent cases in 2002 where victims lost more than \$9 million. Up to April this year, the number of confirmed cases of fraud had already reached over 3,300.

Your loss/The criminals' gain

By creating another “YOU”, the criminals can commit various crimes. They use your credit to open new accounts with financial institutions, apply for loans, or even take new mortgages on your properties. They can get credit cards for purchases. Illegal immigrants, deadbeat dads or ex-felons could use your name to start a new life.

You, as the victims of these crimes, would feel such emotional and psychological devastation that the large financial loss might seem trivial. However, you are still facing the possibility of liability to all debts incurred. In the months or even years to come, it would seem like forever for you to spend endless time, energy and resources just to clear your own name.

What went wrong?

Sometimes very innocent activities or inactions could prove costly. Here are some frequently used techniques or methods in Identity Theft recognized by

the law enforcement: survey scams, mail re-routing, shoulder surfing, dumpster diving.

What you can do to combat these crimes

- ▶ *Protect your Personal Information*
 1. Shred all documents with personal information before throwing them out
 2. Do not give out any personal information unless you are absolutely certain about the other party and the use of this information
 3. Put your wallet and purse in a safe place at all times
 4. Organize your wallet: do not put all cards and money together to minimize loss of everything
 5. Do not carry unnecessary identification, e.g. birth certificate or SIN card

- ▶ *Protect your Home and Mail*
 1. Remove mail promptly
 2. Be on the alert if you do not receive any regular mail for a couple of weeks

- ▶ *Protect your Credits*
 1. Choose your pin or password carefully, and keep it in a safe place
 2. Minimize the number of credit cards you carry - suggestion: not more than 2
 3. Your own credit card limit should be set to the amount you can afford to lose
 4. Adjust your credit card limit as your need changes, i.e. increase when making major purchases or on vacation, and decrease after
 5. Notify your credit card company if you are on extended vacation
 6. Be aware of signs “taped” on ATMs. All official message should appear on the machine
 7. Periodically check your own credit and mortgage

If you find the above information on Identity Theft useful, please share with others. If you would like more in-depth information, or a free group presentation on “The ABCs of Fraud”, please contact the Volunteer Centre of Toronto at (416) 961-6888.



鎮壓 SARS 疫情，香港應效法古代，抬菩薩遊街論

再世三蘇

古時每逢瘟疫流行，群醫束手，「死得人多」，民間便主動發起抬菩薩出遊，以鎮壓瘟神。先是擇定良辰吉日，齋戒沐浴，入廟參拜祭祀一番，然後選派數名彪形大漢，必恭必敬地抬扛廟內神像出巡，遍遊各大街小巷，所到之處，萬人空巷，鼓樂喧天，鞭炮齊鳴，香煙刺眼。其巴閉熱鬧，較之多倫多每年一度之加勒比嘉年華，不遑多讓。往往是經過這一番擾攘，哈！居然止得咳，瘟疫從此消退，合境恢復安寧，可謂神恩浩蕩也矣！

寫到這裏，讀者一定罵本「再世三蘇」無稽，兼且「導人迷信」。

其實菩薩未必如此靈驗，疫情消滅卻是鐵一般事實。內裏玄機，乃是菩薩出巡時，到處燃放鞭炮香燭，所產生之濃烈硫磺火藥煙霧，同一時間籠罩各處大街小巷，無孔不入，歷久不散，其殺

菌消毒之功能，遠勝用一比九十九漂白水洗地。君不見，往日香港衛生局對待傳染病患者所居之樓宇，都要用硫磺煙薰以進行消毒者耶？硫磺之殺菌功效，可見一斑。

當今香港 SARS 瘟疫流行，人人自危；特區政府與其耗用大量金錢防疫，何不暫時解除煙花炮竹禁令，任由市民燃放。政府更應斥資從大陸購入巨量煙花炮竹，分贈市民及各社區團體，定期全港舉行盛大嘉年華會；屆時各社區紛紛從寺廟抬出菩薩遊街，爆竹煙花競放，龍獅共舞，鐘鼓齊鳴，好不熱鬧！至於其他宗教人士，亦可同時舉行佈道大會，露天彌撒……，一於化悲情為希望，轉陰雨為彩虹！

經此一輪炮竹煙薰，出齊諸天神佛，時疫定必應聲消失焉。阿彌陀佛，哈你老友！

